

CHÂTEL-GUYON

AUVERGNE

AIGA

RESORT · THERMAL & SPA

Châtel · Guyon

WELL-BEING & LEISURE STAYS

4* RESIDENCE | THERMAL SPA | RESTAURANT | COSMETICS | ACTIVITIES



AÏGA RESORT THERMAL & SPA – YOUR ULTIMATE THERMAL AND TOURIST ESCAPE

A thermal and tourist experience to enjoy and share in the heart of the Auvergne volcanoes!

AN **ALL-IN-ONE** THERMAL RESORT

For those who love nature and getting away from it all, Aïga Resort in **Châtel-Guyon** offers a rejuvenating stay in an exceptional natural setting. Nestled in the unspoilt charm of Art Deco architecture, Châtel-Guyon is a welcoming spa town **in the heart of the Auvergne**, within the Limagne fault – a UNESCO World Heritage site. The ideal destination to immerse yourself in the life-giving energy of the surrounding volcanoes!

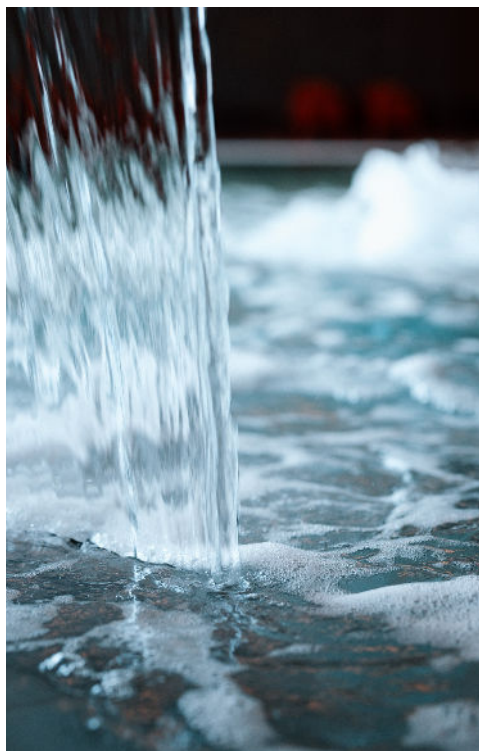
Aïga Resort is a true thermal and tourist treasure, offering everything you need for the stay of your dreams all in one place: **a spa establishment, a thermal spa**, an integrated **4* tourist residence** with direct access to your treatment space, **a restaurant**, a shop, a wide choice of sports, relaxation and tourist activities, and more.



FOCUS ON YOUR FULL HEALTH

Aïga Resort Thermal & Spa specialises in the treatment of chronic digestive and rheumatological disorders, harnessing the specific mineral content of the natural thermal waters that flow from the volcanic foothills of the Auvergne. Aïga Resort is renowned as a leader in the field of balanced intestinal microbiota and digestive well-being.

This unique destination offers personalised support to help you relieve your aches and pains with a comprehensive approach that includes nutrition, treatments and physical activity. By combining unique natural resources and time-honoured expertise, Aïga Resort invites you to experience a thermal and tourist retreat dedicated to your health needs.



The thermal treatments at Aïga Resort are designed to support your overall health and effectively alleviate the symptoms of rheumatic and joint pain, as well as chronic digestive disorders. Suitable for people of all ages, we offer a natural, effective treatments with no side effects, ideal for maintaining or restoring a better quality of life.

Two treatment establishments (the thermal facilities and the premium thermal facilities) with a specially trained multi-disciplinary team offer you all their expertise for your health treatment or preventive healthcare programme.

For a treatment break or a relaxing break, whether you are on your own, with a partner or with friends, we'll create a break to suit your taste.



WELCOME TO AÏGA RESORT THERMAL & SPA!

Aïga Resort is the thermal and tourist resort dedicated to your complete health.

Ideally located in the heart of the town of Châtel-Guyon, nestling between the plains and mountains, Aïga Resort offers all the services you need to enjoy the energy of the Auvergne volcanoes.



Well-being treatments



Cosmetics



Accommodation



Food & drink



Groups and seminars



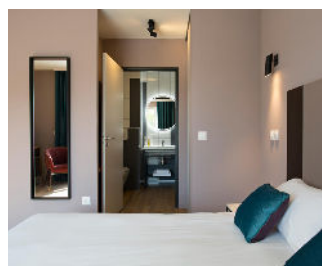
Prescribed thermal treatments and preventive healthcare



Thermal facilities



Thermal spa – Premium area



4* residence





Restaurant



Healthy cooking workshop



Seminars





AIGA

RESORT · THERMAL & SPA



Châtel · Guyon

TAKE GOOD CARE OF YOUR LOVED ONES THIS YEAR.

OFFER THE UNIQUE BENEFITS OF
AUVERGNE'S VOLCANIC WATERS!



WELL-BEING GIFT VOUCHERS

Relaxation packages,
signature massages,
body treatments, facial
treatments, hydrotherapy
treatments, organic
cosmetics...

from

€25

• Visit aiga-resort.com
to buy your gift box or gift voucher in just a few clicks.



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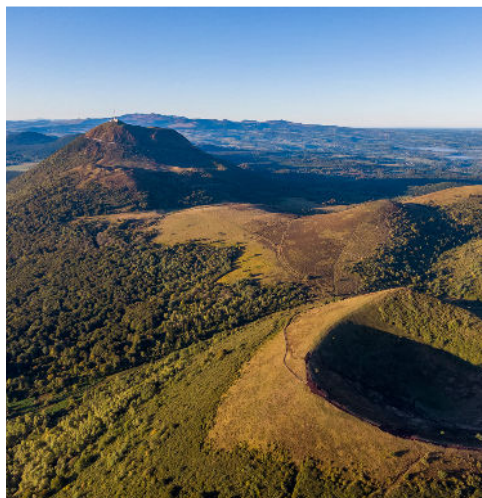
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YOUR WELL-BEING DESTINATION IN AUVERGNE

If you love nature and wellness breaks, Aïga Resort Thermal & Spa is delighted to welcome you to Châtel-Guyon, a spa town with character, in the heart of the vast and stunning playground that is Auvergne!



Aïga Resort offers you the experience you're looking for when you're on a discovery-filled holiday.

VISIT CHÂTEL-GUYON

After your treatments, set off to explore Châtel-Guyon and its surroundings. A town of two halves, discover the wine-growing village with its Brayaud country style houses along steep narrow lanes, and the thermal district where fanciful villas, baroque mansions, thermal baths and a casino present an architectural extravaganza. Simply look up to discover wrought-iron balustrades, remarkable ceramics or mansions straight out of a movie set.

MORE INFORMATION: Terra Volcana tourist office

Terra Volcana tourist office has a varied programme of events from spring to autumn

+33 (0)4 73 86 01 17 - www.terravolcana.com

EXPLORE AUVERGNE

Beyond the town gates are volcanoes, lakes, forests and rivers waiting to be discovered! Our region will surprise you with its different landscapes and will satisfy both thrill-seekers and those seeking peace and tranquillity. **The Chaîne des Puys – Limagne fault tectonic arena**, where you'll be staying, is an exceptional geological site and the first in mainland France to be listed as a Unesco World Heritage Site.

Gastronomy, handicrafts and major tourist attractions are sure to win you over:

The artistic and historic town of Riom only a stone's throw from Châtel-Guyon, spectacular panoramic views from the summit of Puy de Dôme (highest point in the Chaîne des Puys region), Vulcania theme park, Volcan de Lemptégy, the city of Clermont-Ferrand and its amazing black cathedral, L'Aventure Michelin, the Auvergne Cheese Route and its 5 PDO stars, and much more.

TO DO NEARBY:

- Hiking
 - Cycling and mountain biking
 - Trail running
 - Tree-top trail
 - Horse riding
 - Paragliding and hot air ballooning
 - Kayaking
 - Fishing
 - Golf (four 18-hole courses nearby)
- And many other activities!





THERMAL SPA

YOUR **100%** **NATURAL SPA** TO NOURISH ALL YOUR SENSES OF WELL-BEING

A sensory experience combining **thermal treatments** and **organic cosmetic products**.

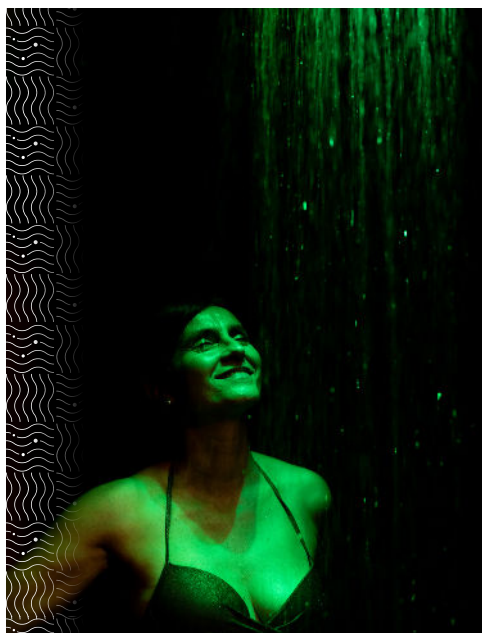
In a warm atmosphere inspired by the Auvergne volcanoes, our Thermal Spa invites you to relax thanks to the unique minerality of Châtel-Guyon's natural thermal water.

From one half day to 5 half days of treatments, our well-being and health packages offer you muscle relaxation and the opportunity to maintain your inner balance.

Achieve harmony between your body and your microbiota!

Our Thermal Spa combines Europe's most magnesium-rich natural thermal water with COSMEBIO-certified, environmentally-friendly **Estime&Sens cosmetic products**.

The Thermal Spa welcomes you to a warm, volcanic environment for a complete break for all your senses.



SPACES DEDICATED TO WELL-BEING:

- 6 massage rooms
- 1 relaxing hot sand massage room
- 19 water or wet treatment rooms (baths, showers, etc.)
- 1 150 m² thermal water pool with swan-neck jets, counter-current swimming lane, submerged loungers...
- 1 outdoor hot tub
- 1 aqua bike pool
- 1 outdoor solarium
- 2 steam rooms
- 2 experiential showers (music, lights, jets, etc.)
- 1 shower and 1 mud bath
- 1 contrast shower
- 1 herbal tea room
- 1 black-light relaxation room
- 1 cardio/fitness training room

► For practical information, see the enclosed price guide or visit aiga-resort.com



YOUR WELL-BEING AND HEALTH BREAKS

— 5 HALF DAYS

The Thermal Spa offers you breaks with 5 half days of treatments, the best way to recharge your batteries in an exceptional environment.

PAMPER YOUR MICROBIOTA BREAK

EXCLUSIVE

Harmony between your body and microbiota is essential to your well-being. The digestive comfort provided by Châtel-Guyon's expert thermal treatments is naturally complemented by soothing abdominal massages.

► 5 HALF DAYS

- 5 hydromassage or soothing baths
 - 3 thermal mud baths or thermal mud showers
 - 2 abdominal massages with organic oil or under thermal water (20 min.)
 - 2 abdominal applications of a hot thermal mud poultice
 - 2 snail showers
 - 1 cooking workshop
 - 1 session of aqua gym, aqua zen or aqua bike
- + complimentary access to the Thermal Spa⁽¹⁾



⁽¹⁾ Relaxation pool with thermal water (swan-neck jets, counter-current swimming lane, submerged bubble loungers, etc.), outdoor hot tub, solarium, steam room, black-light relaxation room, herbal tea room and experiential showers.



COCOONING BREAK

Make way for a moment of relaxation and unwinding with this cocooning break that will take care of your body. Enjoy treatments and activities that take you away from it all.

- 3 hydromassage or soothing baths
- 1 facial treatment (50 min)
- 1 body wrap
- 1 scalp massage
- 1 organic body scrub
- 1 volcanic massage (80 min)
- 2 personalised massages (20 min)
- 1 aqua zen
- 1 sports session
- + complimentary access to the Thermal Spa⁽¹⁾

► See our prices in the enclosed price guide or visit aiga-resort.com

RELAX IN THE CALM OF THE VOLCANOES BREAK

Want to eliminate accumulated stress and soothe tense muscles? Hydrotherapy treatments with natural thermal water, rich in magnesium and silicon from the volcanic depths, will bring you the relaxation you need.

- 5 hydromassage or soothing baths
- 3 thermal mud baths or thermal mud showers
- 2 personalised massages (20 min)
- 1 massage under thermal water (20 min)
- 3 general and localised jet showers
- 1 organic body scrub
- 2 hand treatments with thermal steam
- 1 body relax/stretch or pilates session
- + complimentary access to the Thermal Spa⁽¹⁾

⁽¹⁾ Relaxation pool with thermal water (swan-neck jets, counter-current swimming lane, submerged bubble loungers, etc.), outdoor hot tub, solarium, steam room, black-light relaxation room, herbal tea room and experiential showers.



YOUR WELL-BEING AND HEALTH PACKAGES

— 1 TO 2 HALF DAYS

Inspired by the thermal expertise of Châtel-Guyon, your chosen package of one or two half days is designed to offer you a relaxing break and to recharge your batteries thanks to the trace elements and silicon found in the thermal water from the depths of volcanic rocks.

TOTAL RELAXATION PACKAGE

3 TREATMENTS, 1 HALF DAY

Absolute relaxation during this package of treatments that lets you benefit from the virtues of the thermal waters of Châtel-Guyon.

- 1 affusion shower or 1 localised hand and foot shower
- 1 thermal mud bath or 1 thermal mud shower (depending on availability)
- 1 hydromassage or soothing bath
- + complimentary access to the Thermal Spa⁽¹⁾

INVIGORATING PACKAGE

3 TREATMENTS, 1 HALF DAY

The perfect combination of a relaxing massage and treatments with Châtel-Guyon thermal water.

- 1 affusion shower or 1 localised hand and foot shower
- 1 general and localised jet shower
- 1 personalised massage (20 min.)
- + complimentary access to the Thermal Spa⁽¹⁾

PAMPER YOUR MICROBIOTA PACKAGE

EXCLUSIVE

3 TREATMENTS, 1 HALF DAY

Digestive comfort provided by gentle and soothing thermal treatments for deep relaxation of the whole body.

- 1 snail shower
- 1 abdominal application of a hot thermal mud poultice
- 1 abdominal massage with organic oil or under thermal water (20 min.)
- + complimentary access to the Thermal Spa⁽¹⁾

5 TREATMENTS, 2 HALF DAYS

- 2 snail showers
- 1 abdominal application of a hot thermal mud poultice
- 1 abdominal massage with organic oil or under thermal water (20 min.)
- 1 hydromassage bath
- + complimentary access to the Thermal Spa⁽¹⁾

⁽¹⁾ Relaxation pool with thermal water (swan-neck jets, counter-current swimming lane, submerged bubble loungers, etc.), outdoor hot tub, solarium, steam room, black-light relaxation room, herbal tea room and experiential showers.



ANTIOXYDISING PACKAGE

Give your skin the attention it deserves and regain suppleness and softness thanks to the nourishing properties of our cosmetics range.

3 TREATMENTS, 1 HALF DAY

- 1 hydromassage or soothing bath
- 1 organic body scrub
- 1 personalised massage (20 min)
- + complimentary access to the Thermal Spa⁽¹⁾

5 TREATMENTS, 2 HALF DAYS

- 1 hydromassage or soothing bath
- 1 organic body scrub
- 1 personalised massage (20 min)
- 1 massage under thermal water (20 min)
- 1 hand treatment with thermal mud
- + complimentary access to the Thermal Spa⁽¹⁾

ULTIMATE PACKAGE

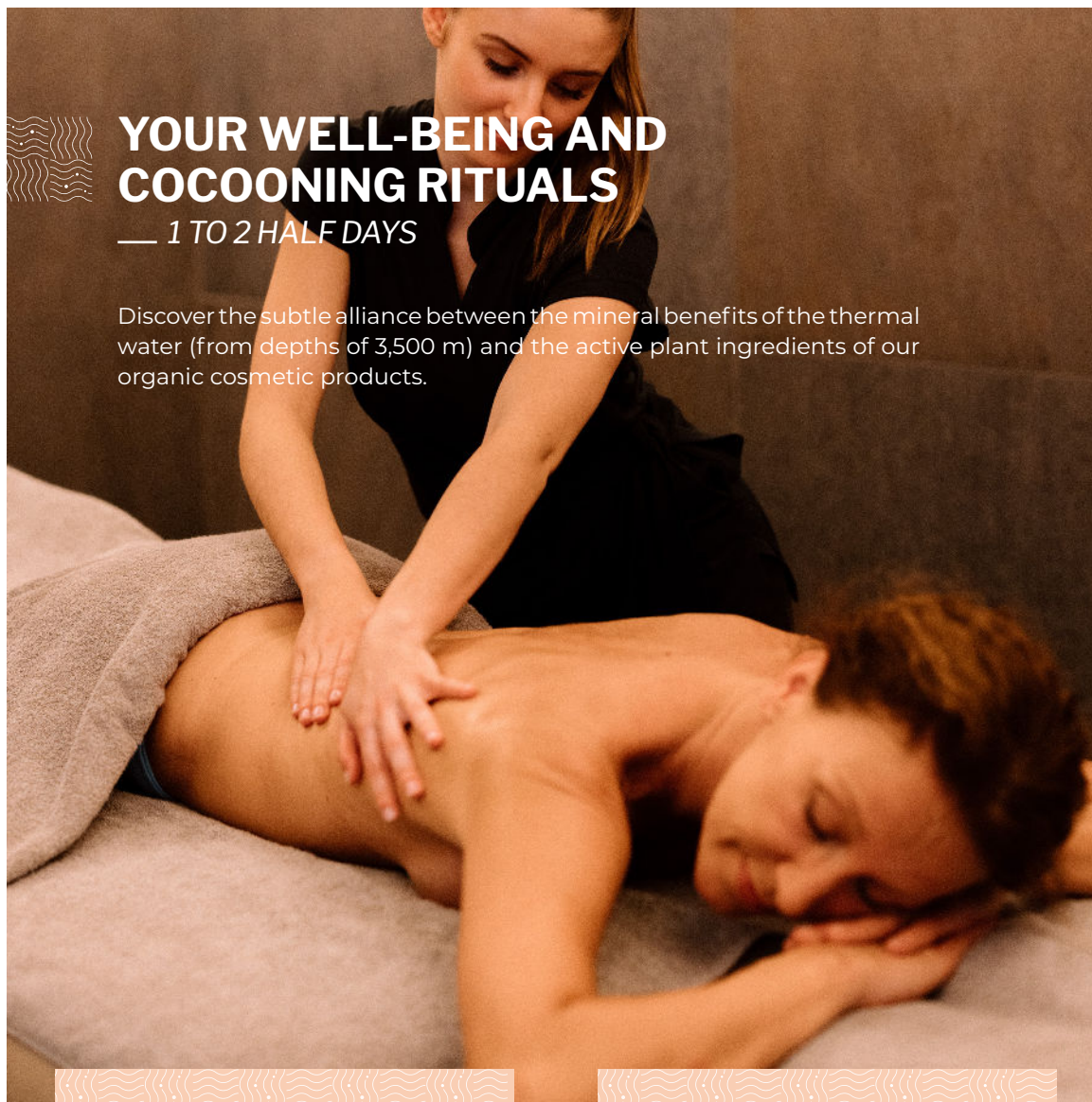
Immerse yourself in an ultimate experience with 5 carefully selected treatments designed to recharge your batteries, revitalise your body and restore a feeling of total well-being.

5 TREATMENTS, 1 HALF DAY

- 1 hydromassage or soothing bath
- 1 organic body scrub
- Detox wrap with thermal mud
- 1 personalised massage (50 min)
- 1 facial treatment (50 min)
- + complimentary access to the Thermal Spa⁽¹⁾

► See our prices in the enclosed price guide or visit aiga-resort.com

⁽¹⁾ Relaxation pool with thermal water (swan-neck jets, counter-current swimming lane, submerged bubble loungers, etc.), outdoor hot tub, solarium, steam room, black-light relaxation room, herbal tea room and experiential showers.



YOUR WELL-BEING AND COCOONING RITUALS

— 1 TO 2 HALF DAYS

Discover the subtle alliance between the mineral benefits of the thermal water (from depths of 3,500 m) and the active plant ingredients of our organic cosmetic products.

RELAXING BACK RITUAL

Relieve all the stresses and strains of daily life with a deeply relaxing back massage.

3 TREATMENTS, 50 MINUTES

- 1 organic back scrub
- 1 back detox wrap with thermal mud
- 1 back massage (20 min)
- + complimentary access to the Thermal Spa⁽¹⁾

WELL-BEING UNDER WATER RITUAL

This unique experience transports you to a world of deep relaxation where the regenerating benefits of Châtel-Guyon thermal spring water enfold you.

2 TREATMENTS, 1 HALF DAY

- 1 thermal water body scrub
- 1 massage under thermal water (20 min)
- + complimentary access to the Thermal Spa⁽¹⁾

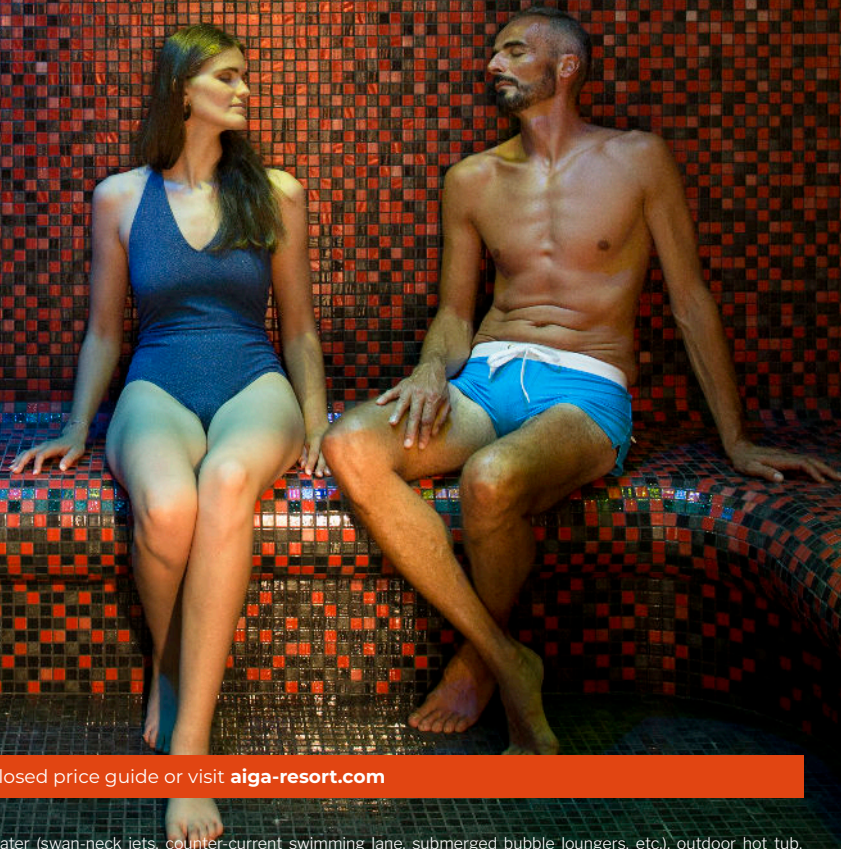
⁽¹⁾ Relaxation pool with thermal water (swan-neck jets, counter-current swimming lane, submerged bubble loungers, etc.), outdoor hot tub, solarium, steam room, black-light relaxation room, herbal tea room and experiential showers.

NOURISHING AND RELAXING RITUAL

Naturally nourish your skin, relax your muscles and gently unwind. Surrender yourself to a feeling of well-being and calm.

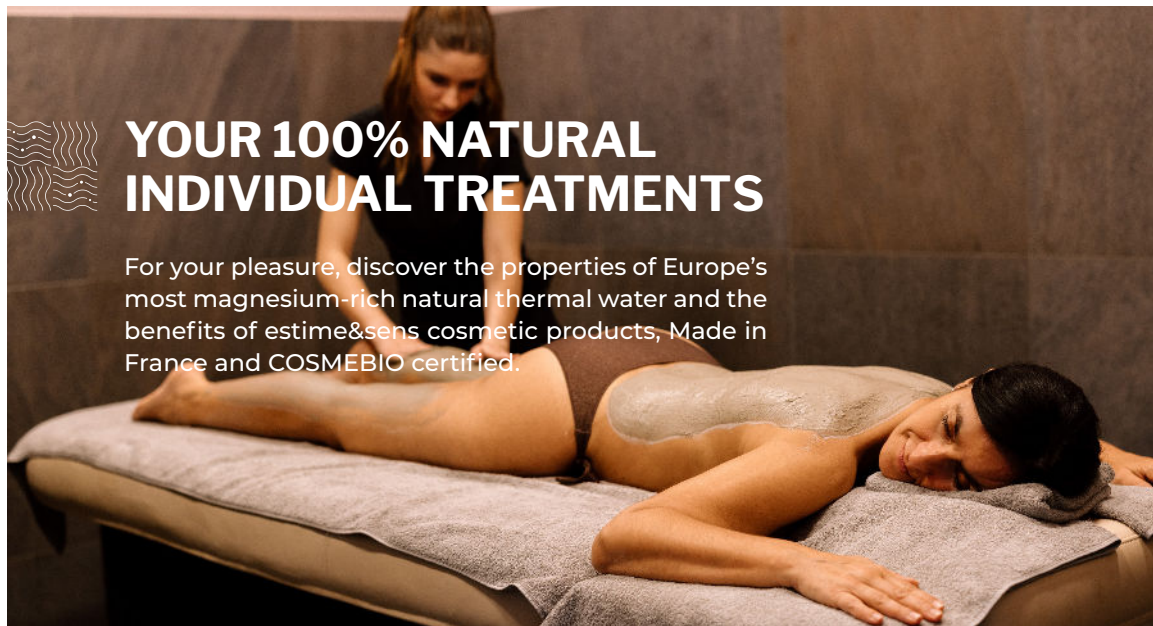
2 TREATMENTS, BODY AND FACE

- 1 radiant facial treatment (30 min)
- 1 personalised massage (20 min)
- + complimentary access to the Thermal Spa⁽¹⁾



► See our prices in the enclosed price guide or visit aiga-resort.com

⁽¹⁾ Relaxation pool with thermal water (swan-neck jets, counter-current swimming lane, submerged bubble loungers, etc.), outdoor hot tub, solarium, steam room, black-light relaxation room, herbal tea room and experiential showers.



YOUR 100% NATURAL INDIVIDUAL TREATMENTS

For your pleasure, discover the properties of Europe's most magnesium-rich natural thermal water and the benefits of estime&sens cosmetic products, Made in France and COSMEBIO certified.

SIGNATURE MASSAGES

VOLCANIC

EXCLUSIVE

► 80 MINUTES

Total relaxation from head to toe, slow and deep manipulations for an intense feeling of relaxation.

RELAXING HOT SAND MASSAGE

EXCLUSIVE

► 50 MINUTES

Laying comfortably on a bed of hot sand, let yourself be carried away by a full body massage using slow and deeply relaxing techniques.

At the same time, you will experience a delicate back massage from the ripples of the sand under your body, all while being soothed by its gentle and captivating warmth.

PERSONALISED

► 20 MINUTES or 50 MINUTES

A special moment between you and the practitioner. You choose the areas of the body you wish to be massaged and the oil used for 100% personalised well-being.

UNDER THERMAL WATER

EXCLUSIVE

► 20 MINUTES

A fine shower of thermal water accompanies a well-being massage of the back with relaxing and calming effects or regulating and soothing effects for the stomach.

STOMACH

EXCLUSIVE

► 20 MINUTES

The practitioner, specially trained in this well-being massage, brings you relief and balance. Aches and discomfort suddenly seem to disappear.

SCALP

► 20 MINUTES

Let your mind relax with these varied manipulations along the temples and across the skull. This massage relaxes, relieves tension and promotes glossy hair.

BODY TREATMENTS

ORGANIC BODY SCRUB

► 20 MINUTES

This exfoliating treatment is essential to prepare the skin, optimise the benefits of subsequent treatments and maintain healthy, radiant skin.

THERMAL WATER SCRUB

► 20 MINUTES

A unique body care experience combining the benefits of thermal spring water. A soothing, refreshing sensation guaranteed.

DETOX WRAP WITH THERMAL MUD

► 20 MINUTES

A deeply relaxing body treatment using a thick layer of warm thermal mud. Guaranteed relaxing effect, tension and pain disappear.



NOURISHING AND SOOTHING BODY WRAP

► 20 MINUTES

Nourishing and hydrating body treatment for supple and radiant skin.

FACIAL TREATMENTS

RADIANT FACIAL TREATMENT

► 30 MINUTES

This treatment includes a cleansing, a scrub, a mask and the application of a day cream.

PERSONALISED FACIAL TREATMENT

► 50 MINUTES

A complete experience including a scrub, steam bath, mask and relaxing facial massage.



+ ACCESS TO THE THERMAL SPA

With each individual treatment, you can enjoy complimentary access to the spa's wellness facilities (relaxation pool with submerged loungers, swan-neck jets, counter-current swimming lane, outdoor hot tub, steam rooms, solarium, herbal tea room, etc.) for the half day of your treatment.

► See our prices in the enclosed price guide or visit aiga-resort.com



HYDROTHERAPY TREATMENTS

AFFUSION SHOWER

Lie down under a fine shower of thermal water heated to 34 °C and let the thermal water relax your muscles and give you a feeling of deep relaxation.

GENERAL AND LOCALISED JET SHOWER

A unique combination of a general shower, whose thermal water jet provides a relaxing muscle massage, and a localised shower (on the stomach and back) in a lying position, with a gentle and analgesic action. For the stomach, the localised shower helps to decrease abdominal sensitivity and improve digestive transit.

SNAIL SHOWER

Much more than an abdominal shower, the snail shower (whose name describes the precise application of the high-flow/low-pressure thermal water jet) is a hydrotherapy treatment designed to relieve intestinal tension, reduce abdominal tenderness and regulate digestive transit. A natural treatment promoting harmony of body and microbiota.

HYDROMASSAGE OR SOOTHING BATH

Immerse yourself in a thermal water bath heated to 34 °C in this ideal thermal treatment. The 150 submerged water jets and gentle light therapy spotlights gradually give you a relaxing massage in each area of the body, in an atmosphere of total relaxation.



COMPLEMENTARY TREATMENTS TO A TREATMENT PACKAGE OR INDIVIDUAL TREATMENT

ABDOMINAL APPLICATION OF A HOT POULTICE OF THERMAL MUD

An ancient practice of applying soothing heat to regulate digestive transit and release persistent tension from digestive discomfort.

MUD BATH

Bathe in a veritable fountain of youth, a mixture of thermal water and natural clay, the soothing properties of which provide immediate relief from muscle tension and help to maintain joint flexibility. The treatment of choice for the well-being of your joints.

HAND TREATMENT WITH THERMAL WATER

To prolong your relaxation, a thermal water bath for the hands offers you the analgesic and anti-inflammatory benefits of thermal water and improves skin microcirculation thanks to the gentle diffusion of heat.

LOCALISED HAND AND FOOT SHOWER

A soothing hand and foot shower to relieve aches and pains in your hard-working finger and toe joints.

HAND TREATMENT WITH THERMAL MUD

Relieve your hands and finger joints with a smooth, creamy mixture of thermal water and clay that delivers all the benefits of natural trace elements to your cartilage.

MUD SHOWER

Discover the relaxing properties of a high-flow shower combined with the relaxing properties of clay; this innovative treatment allows you to quickly relieve joint pain or muscle tension and enjoy the pleasure of an enveloping shower.

► See our prices in the enclosed price guide
or visit aiga-resort.com



YOUR RELAXATION PASS



The relaxation pass takes you to the heart of the volcanic world of our Thermal Spa: immerse yourself in this unique setting and take full advantage of our wellness facilities.

THE **RELAXATION** PASS

- Thermal pool with swan-neck jets, waterfall, counter-current swimming, submerged loungers, outdoor hot tub
- 2 steam rooms
- 2 experiential showers
- 1 outdoor solarium
- 1 herbal tea room
- 1 black-light relaxation room

► See our prices in the enclosed price guide or visit aiga-resort.com

Valid for half a day, create your own relaxation itinerary for a personalised experience.

Subject to availability – Limited number of places.

Under 16s are not permitted in the spa, even if they are accompanied.



YOUR NEXT **SEMINAR** AT THE FOOT OF THE VOLCANOES!



Discover the ideal setting for your group stays and business events at our energising thermal resort.

To organise your tailor-made event, study day or residential seminar, call our team of experts!



ESTIME&SENS: YOUR ORGANIC COSMETIC RANGE

NEW

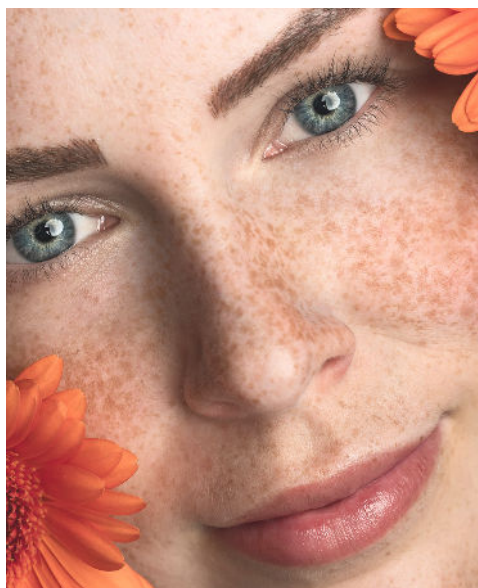
Enjoy all the benefits of your stay in the comfort of your own home.



ESTIME
& SENS

Aïga Resort Thermal & Spa has joined forces with estime&sens to offer you high-performance, high-quality, modern and sensorial products that are COSMEBIO-certified.

Conceived, designed and developed in Nantes by Yann Morel-Loré, a passionate and exciting beautician, these products are eco-designed and environmentally friendly, right down to the packaging.



"GOOD COSMETIC SENSE AND SELF-ESTEEM."

The partnership between **Aïga Resort** and **estime&sens** invites you to pamper yourself with quality products.

The performance of the active ingredients combined with expert manual techniques in the treatment room will give you a real moment of relaxation and real results.

A personalised response for every skin type: nature offers us infinite combinations of possibilities that the estime&sens laboratories rigorously combine to achieve the desired efficacy.

In our boutique or our Thermal Spa, or on aiga-resort.com, you'll find the full range of the entire&sens range, to prolong the effects of your stay.



HEALTH, NUTRITION AND PREVENTION ACTIVITIES AND PROGRAMMES

SPORTS ACTIVITIES

Our Thermal Spa has partnered exclusively with **ASM Vitalité**, a specialist in personalised sports, to offer health and fitness programmes to suit you. Qualified specialised professionals are at your side to direct and advise you.

Regular physical activity is essential to your well-being. Our Thermal Spa offers you the chance to discover or rediscover the benefits of one or more activity sessions: **aqua gym, aqua zen, pilates, zen hiking, Nordic walking, etc.**

Choose the programme that suits you and benefit from the professional expertise of ASM Vitalité in the well-being area of our Thermal Spa.

Our packages include:

- An initial ASM fitness assessment with our coach and a final assessment depending on the programme.
- Activities in the gym and natural thermal water pool.
- Outdoor activities.



YOUR HEALTHY NUTRITION ACTIVITIES

Open to all, a range of nutrition activities led by a dietary nutritionist are on offer: consultations, nutrition seminars and healthy cooking workshops.

- **Cooking workshops (practical):** each workshop is divided into 3 stages: a short discussion of the topic, the preparation of several dishes and the tasting of the food you have prepared.
- **Nutrition seminars (theoretical):** ideal for discovering the impact of nutrition on health.
- **Nutrition consultations:** for personalised nutritional monitoring, in addition to cooking workshops or seminars, you can take advantage of a consultation with the dietary nutritionist at the Thermal Resort. The consultation will assess your micronutrient status, on the basis of which you will receive personalised advice.

► See our prices in the enclosed price guide or visit aiga-resort.com



YOUR ACCOMMODATION

THE 4* RESIDENCE

Your tourist residence in the heart of the exceptional “Chaîne des Puys – Limagne fault tectonic arena” UNESCO World Heritage site offers a range of fully-equipped, ready-to-live-in flats for a memorable short or long stay.

All the comforts you need to relax are here in the 90 apartments of the 4* Residence:

- A **fully fitted kitchen** with ceramic hob, fridge, dishwasher, microwave and grill, coffee maker, kettle, toaster, crockery and cooking utensils.
- A **bathroom** with hairdryer and body wash provided.
- A **balcony or terrace** in most apartments.
- **Free Wi-Fi** and **television** with French and international channels.
- **Elegant interior decoration** inspired by the historic art deco style of the spa town, combining timeless charm and modernity to guarantee you a comfortable and relaxing stay.
- Convenient **direct access** in your bathrobe from your apartment **to the Thermal Spa**.



► Our apartments

ALOU STUDIO

— *max. 2 people, 25 m² ⁽¹⁾*

Living room with double or twin beds, bathroom with bathtub and WC.

STUDIO BALMET

— *max. 2 people, 31 m² ⁽¹⁾*

Living room with double or twin beds, bathroom with walk-in shower and WC. Priority for people with reduced mobility.

2-ROOM CÔME SUITE

— *max. 4 people, 38 m² ⁽¹⁾*

Bedroom with double or twin beds + living room with sofa bed that can be converted into a double bed, bathroom with bathtub and separate WC.

LARGE 2-ROOM DÔME SUITE

— *max. 4 people, 43 m² ⁽¹⁾*

Bedroom with double or twin beds + living room with sofa bed that can be converted into a double bed, bathroom with bathtub and separate WC.

Several apartments are fully equipped to accommodate people with reduced mobility.

⁽¹⁾ Average area for information purposes only. See prices in the attached price guide.



RESTAURANT

Open to all, our restaurant offers tasty seasonal food, steeped in the culinary heritage of the Auvergne region.

From breakfast to dinner, come and discover simple and healthy recipes that taste good and respect the environment.

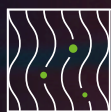
During your stay, enjoy an imaginative, varied and new menu every day, adapted to your tastes and food intolerances and designed to meet your body's needs.



YOUR MENU CHOICES

- **Breakfast** buffet with a wide choice of ingredients to satisfy every appetite, including those with food sensitivities (gluten-free cereals, plant-based drinks, etc.).
- **A seasonal menu** renewed every day so you can enjoy a balanced diet that is easy to digest and beneficial for your microbiota.

► For practical information, see the enclosed price guide or visit aiga-resort.com



AIGA

RESORT · THERMAL & SPA



Château · Guyon

YOUR HEALTH AND WELL-BEING BREAK IN THE HEART OF THE AUVERGNE VOLCANOES

WEEKEND ▶ 2 DAYS / 1 NIGHT

With the "Total relaxation" package
(3 spa treatments) and breakfast

WEEK ▶ 7 DAYS / 6 NIGHTS

With the "Pamper my microbiota" package
(5 half days of treatments) and half board



HOW TO BOOK

You can visit our website www.aiga-resort.com and make your booking online.

Our advisors are on hand to help you organise your stay all year round from Monday to Saturday on +33 (0)4 73 86 00 08 (price of a local call in France only).

For further information:

■ **Please do not hesitate to send us an email to:**
resa@aiga-resort.com.

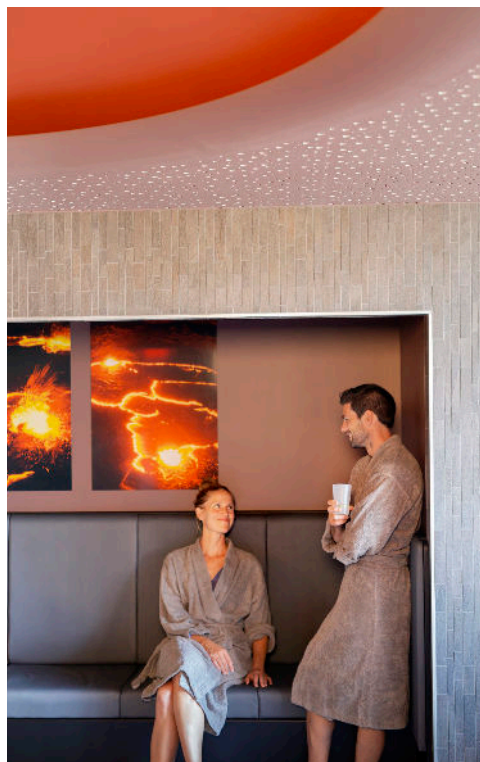
■ **Or by post to:**
Aiga Resort Thermal & Spa
9A avenue du Général de Gaulle
CS 10051
63140 Châtel-Guyon

Our general terms and conditions of sale are available on request and can be found at aiga-resort.com

Payment methods accepted:

American Express • Mastercard • Visa • ANCV • Cash • Cheque

The balance must be paid 1 month before arrival regardless of payment method (including holiday vouchers).



LEGAL NOTICES:

Resort Thermal de Châtel-Guyon - RTC (commercial name: Aiga Resort Thermal & Spa), a simplified joint stock company with share capital of 75,000 euros, registered with the Clermont-Ferrand Trade and Companies Register under no. 822 679 155, with its registered office at 9A avenue du Général-de-Gaulle, 63140 Châtel-Guyon. VAT no. FR32822679155. The Company is authorised to provide spa treatments under contract under Finess number 63 078 0039. All postal correspondence should be addressed to: Resort Thermal de Châtel-Guyon - RTC, 9A avenue du Général de Gaulle, CS 10051, 63140 Châtel-Guyon, and emails to: resa@aiga-resort.com. Making a reservation or placing an order implies prior knowledge and unreserved acceptance of the general and special terms and conditions of sale, which can be sent by post, email or downloaded from the aiga-resort.com website. Only services covered by an agreement may be reimbursed by a primary health insurance scheme. The information is valid for any stay or service provided between 1 January and 31 December 2025, for an individual acting as a consumer, subject to availability and error. However, as the documentation is subject to change without notice, the applicable reservation or order conditions are those of the prevailing commercial documentation on the day of the reservation/order. The graphics contained in the brochures and documentation provided by the Company have no contractual value and are for indicative purposes only. The brands mentioned are trademarks owned by the Company unless otherwise stated. Prices are valid for a service provided between 1 January and 31 December 2025, subject to promotional campaigns or price changes.

Experience **Aïga Resort Thermal & Spa** in the heart of the Auvergne volcanoes to the full.

Travel to Châtel-Guyon

BY CAR

Châtel-Guyon is located 20 km from Clermont-Ferrand, at the intersection of the North-South and East-West motorways (A71, A75, A89, A72). Consider car-sharing!

- from Lyon.....2 hrs
- from Limoges.....2 hrs 15 mins
- from Tours.....3 hrs
- from Dijon.....3 hrs 30 mins
- from Poitiers.....3 hrs 40 mins
- from Paris.....4 hrs

BY TRAIN

Riom Châtel-Guyon railway station 5 km away
www.sncf-connect.com

A bus route connects the railway station to Châtel-Guyon town centre from Monday to Saturday.

See rlv-mobilites.fr for timetables and fares
Tel. +33 (0)4 73 38 08 09

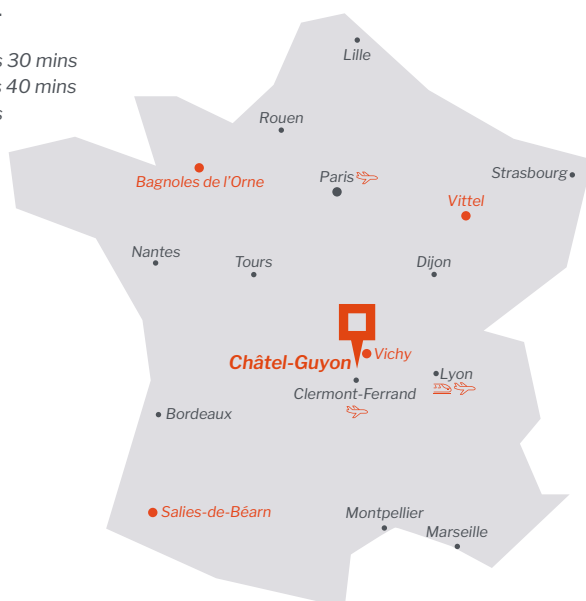
BY AEROPLANE

Clermont-Ferrand Auvergne Airport 20 km away
Tel. +33 (0)4 73 62 71 00

www.clermont-aeroport.com

TAXI

To get to Châtel-Guyon from the airport (or the railway station on Sundays), you will need to book a taxi 48 hours in advance.



 9 A avenue du Général de Gaulle
CS 10051 - 63140 Châtel-Guyon
 resa@aiga-resort.com
 +33 (0)4 73 86 00 08

aiga-resort.com  